### (19) World Intellectual Property Organization International Bureau



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### (43) International Publication Date 21 August 2003 (21.08.2003)

#### **PCT**

## (10) International Publication Number WO 03/069332 A2

- (51) International Patent Classification<sup>7</sup>: G01N 33/48
- (21) International Application Number: PCT/GB03/00677
- (22) International Filing Date: 14 February 2003 (14.02.2003)
- (25) Filing Language: English
- (26) Publication Language: English
- (30) Priority Data:

0203446.0 14 February 2002 (14.02.2002) GB

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- (81) Designated States (national): AE, AG, AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, BZ, CA, CH, CN, CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, ES, FI, GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MA, MD, MG, MK, MN, MW, MX, MZ, NO, NZ, OM, PH, PL, PT, RO, RU, SC, SD, SE, SG, SK, SL, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, YU, ZA, ZM, ZW.
- (84) Designated States (regional): ARIPO patent (GH, GM, KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HU, IE, IT, LU, MC, NL, PT, SE, SI, SK, TR), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

#### **Published:**

 without international search report and to be republished upon receipt of that report

For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.



(54) Title: DETECTION AND/OR MONITORING OF SYNUCLEIN-RELATED DISEASES

(57) Abstract: The invention provides a method of diagnosing a synucleinopathy in a patient and also a method monitoring the effectiveness of a therapeutic agent that has been administered to a patient for the purpose of treating a synucleinopathy. The method comprises analysing a non-cerebral body fluid sample taken from the patient for the presence and/or amount of a synuclein in said sample. The synuclein may be an aggregated synuclein.

# <u>DETECTION AND/OR MONITORING OF SYNUCLEIN-RELATED</u> <u>DISEASES</u>

The present invention relates to the detection and/or monitoring of those diseases associated with abnormalities (e.g. in the level and/or nature of the protein expressed) in the proteins called 'the synucleins'.

The synucleins are a family of small proteins ( $\sim$ 14 kDa) that are expressed at high levels in nervous tissue. The three members of the family ( $\alpha$ -,  $\beta$ -, and  $\gamma$ -synuclein) are the products of three genes present on different chromosomes (1). Diseases associated with abnormalities in one or more of the synucleins are referred to here as the 'synucleinopathies'.

The synucleinopathies include some important neurodegenerative conditions, for example Parkinson's disease (PD), dementia with Lewy bodies (DLB), Alzheimer's disease (AD) and multiple system atrophy (MSA). The synucleins are also expressed at abnormally high levels in various tumours (e.g. breast, ovarian) in human cancer (2).

The first indication of an involvement of the  $\alpha$ -synuclein member of this family in the pathogenesis of neurodegenerative diseases came from the isolation of one of its proteolytic fragments from purified amyloid of Alzheimer's diseased (AD) brains (3). This  $\alpha$ -synuclein fragment, representing about 10% of the sodium dodecyl sulphate (SDS) insoluble material, was named non-A $\beta$ -component of AD amyloid (NAC). Amino acid sequencing revealed that NAC comprised at least 35 amino acids, although the N- terminal residues could not be assigned with certainty because of the specificity of the enzyme used in sequencing. These 35 amino acids were later shown to correspond to residues 61-95 of a 140 amino-acid precursor (NACP). NACP was found to be identical with the protein called  $\alpha$ -synuclein. A clear link with PD was established when it was shown that two different mutations in the  $\alpha$ -synuclein gene were found in rare inherited forms of this disease. One mutation,  $\alpha$ -synuclein(A53T),

has been found in certain Italian and Greek families, and results in an Ala<sup>53</sup> to Thr substitution (4). The other mutation, α-synuclein(A30P), has been found in a family of German origin, and results in an Ala<sup>30</sup> to Pro change (5).

Lesions in the brain known as 'Lewy bodies' and 'Lewy neurites' constitute the main pathological features in the brains of patients with PD and DLB. These Lewy bodies and Lewy neurites contain the  $\alpha$ -synuclein in an unusual fibrillar form (6). Additional immunohistochemical and immunoelectron microscopy studies have shown that  $\alpha$ -synuclein is also associated with pathological lesions in other neurodegenerative diseases, sometimes involving non-neuronal cells, such as the glial cytoplasmic inclusions found in MSA (7). These and other neurodegenerative diseases involving  $\alpha$ -synuclein are collectively known as the 'synucleinopathies'. In PD and DLB,  $\alpha$ -and  $\beta$ -synuclein have been detected in presynaptic axon terminals, whereas  $\gamma$ -synuclein has been detected in abnormal axonal spheroid-like lesions (7).

Despite the progress, which has been made in understanding the underlying disease mechanisms of the synucleinopathies, there remains an urgent need to develop methods for use in the diagnosis of these diseases. The need for such diagnostic methods is amply demonstrated by studies indicating that a correct diagnosis of PD during life is surprisingly difficult, being correct only about 75% of the time (8, 9). This is a serious problem, not only from a clinical standpoint, but also because it affects the integrity of clinical trials and epidemiological research.

On the basis of the evidence outlined above the detection of synucleins is a good marker for diagnosing these conditions. In patients suffering from neurodegeneration it is believed that synuclein proteins are retained within the brain. As a result techniques have been proposed to analyse cerebrospinal fluid (CSF) for the presence or otherwise of synucleins in order to provide a diagnosis of a neurodegenerative disorder.

Thus, for example, WO-A-00/02053 (Innogenetics N.V.) specifically discloses

detection of  $\alpha$ -synuclein in CSF for the purposes of differential diagnosis of neurodegenerative conditions. At the more general level WO-A-00/02053 discloses detection of a wide range of selected markers of neurodegeneration (including, but not only,  $\alpha$ -synuclein) in body fluids such as blood, lymph, urine and CSF. There is no specific disclosure in WO-A-00/02053 of detecting  $\alpha$ -synuclein or, for that matter, any other synuclein in anything other than CSF, thus supporting the current thinking to which reference is made above.

There are, however, a number of disadvantages associated with the analysis of CSF for the presence of a synuclein for the purposes of detecting a neurodegenerative condition. In particular techniques for the collection of CSF are technically demanding of those taking the sample, and frequently a source of discomfort for those providing the sample.

Similar disadvantages also exist if it is desired to monitor the effectiveness of a drug which has been administered. Such monitoring may, for example, be effected to assess the effectiveness of the drug in the treatment of a given patient, or alternatively in an experimental model to assess the suitability of drugs for the treatment of synucleinopathies.

It is an object of the present invention to overcome the disadvantages associated with the prior art.

According to a first aspect of the present invention there is provided a method of diagnosing a synucleinopathy in a patient comprising analysing a non-cerebral body fluid sample from a patient for the presence and/or amount in said sample of a synuclein (or one of its modified forms). The patient may be a human or otherwise (e.g. a non-human mammal).

Diagnosis of a synucleinopathy may be performed based upon the results of the analysis.

According to a second aspect of the present invention there is provided a method of monitoring the effectiveness of a therapeutic agent that has been administered for the purpose of treating a synucleinopathy, the method comprising analysing a non-cerebral body fluid sample taken from an animal for the presence and/or amount of synuclein (or one of its modified forms). The animal may be a human or other animal (e.g. a non-human mammal).

The effectiveness of a therapeutic agent may be monitored using the results of the analysis undertaken. An effective therapeutic agent may be one that causes a decrease in the amount of synuclein present in the sample taken, as compared to a reference value. The reference value may reflect the amount of synuclein in a sample taken from the same patient before administration of the therapeutic agent, or may be representative of a typical amount of synuclein to be found in samples from untreated patients, or may represent the amount of synuclein to be found in a sample taken from an animal model that has received an ineffective agent. The "typical" amount of synuclein to be found may be determined by analysis of samples taken from appropriate control groups.

The present invention is based upon the surprising finding that, contrary to current thinking, synucleins are present in non-cerebral samples of body fluid (e.g. blood, serum, plasma, urine, lymph and sputum) from patients with synucleinopathies. It will be appreciated that the collection of non-cerebral fluid samples for analysis in accordance with the invention is considerably more convenient than the need to analyse CSF samples as proposed in the prior art.

Most preferably the sample is a non-cerebral body fluid, e.g. whole blood, serum, plasma, urine, lymph or sputum.

The synuclein to be analysed for may be a soluble (native) or aggregated form of synuclein, or may be a mutated, nitrated, phosphorylated or glycosylated form, or any other modified form. The synuclein may be a synuclein fragment, or may be found as part of a complex with other molecules.

It is particularly preferred to analyse for the presence or amount of aggregated synuclein in a sample. For instance the presence of aggregated synuclein, or of aggregated synuclein at a level higher than a "background" level found in all patients, may be used to distinguish between samples from patients suffering from a synucleinopathy, and samples from otherwise healthy patients. It will be appreciated that diagnosis or monitoring may also be effected based on an elevated degree of aggregation of synuclein in a sample, and/or an elevated proportion of synuclein aggregated in a sample.

The invention is applicable to the detection of  $\alpha$ -,  $\beta$ - or  $\gamma$ -synuclein, either in a soluble form or in any of the other forms mentioned in the preceding paragraphs.

The invention is particularly applicable to the detection of  $\alpha$ -synuclein, either in a soluble form or in any of the other forms mentioned above

The synucleinopathy to be diagnosed and/or monitored may be, for example, PD, DLB, MSA, AD or cancer.

Methods of the invention may be conducted by determining the amount of the synuclein in the sample being assayed and comparing that amount with reference values which have been previously determined from samples taken from healthy individuals (i.e. not having a synucleinopathy) and samples taken from individuals having synucleinopathies at known stages of disease progression. Levels of the nitrated, phosphorylated or aggregated forms of synuclein will be elevated in the non-cerebral body fluid from a patient with a synucleinopathy as compared to the fluid from a healthy individual.

The method of the first aspect of the invention may be used to effect diagnosis for a number of different purposes. For example, the method may be applied to the diagnosis of a patient to determine whether or not the patient has a synucleinopathy. Alternatively this method may be applied to the diagnosis of a patient to determine the

progression or extent of a synucleinopathy.

Similarly the method of the second aspect of the invention may also be used for a number of different purposes, e.g. the monitoring of the effectiveness of an administered drug for the treatment of a patient (human or otherwise) having a synucleinopathy. An alternative use of the method of the second aspect of the invention lies in monitoring the effectiveness of an administered drug as a potential treatment for a synucleinopathy in an experimental model or screen, e.g. an experimental animal model or human clinical trial.

Methods of the invention may be effected by any one of a number of detection methods. The detection method may for example be a radioimmunoassay, an enzymelinked immunosorbant assay (ELISA), a sandwich immunoassay, a fluorescent immunoassay, a precipitin reaction, a gel immunodiffusion assay, an agglutination assay, a protein A immunoassay, an immunoelectrophoresis assay, an electrophoresis and Western blotting assay, or any other technique able to measure the amount of synuclein proteins and/or their related derivatives in the sample to be tested.

Methods may, for example, involve treatment of the sample with synuclein-binding species capable of binding synuclein, the species being bound to a solid phase. Such a solid phase-bound species can be used to perform a pre-concentration step in which synuclein present within a relatively large volume of the original sample may be bound to the species. The solid phase may then be separated from the sample and treated to release the synuclein into a relatively smaller volume of liquid for analysis.

The solid phase to which the antibody is bound may, for instance, be a magnetic bead.

In a preferred embodiment of the invention the synuclein-binding species may be an antibody capable of binding specifically to the synuclein. Examples of antibodies suitable for use according to the invention include the following antibodies:

Antibody 211: recognises amino acid residues 121 to 125 of  $\alpha$ -synuclein;

Antibody N-19: recognises an N-terminal region of α-synuclein;

Antibody FL-140: raised against full length  $\alpha$ -synuclein;

Antibody C20: forms available recognising C-terminal regions of  $\alpha$ ,  $\beta$  and  $\gamma$ -synuclein

(all from Santa Cruz Biotechnology); and

Antibody LB509: recognises amino acid residues 115 to 122 of  $\alpha$ -synuclein (available from Zymed Laboratories).

Alternatively the synuclein-binding species may, for example, be a protein fragment capable of binding specifically to the synuclein, or an antibody to another molecule which is part of a complex with synuclein.

The presence of the synuclein (e.g. in the product of the preconcentration step) may be detected by performing an immuno-blotting technique using an antibody reactive to the synuclein.

In another embodiment of the invention the presence of the synuclein within either the original sample or the product of the preconcentration step may be detected by performing an enzyme linked immuno-sorbent assay (ELISA). In an example of this ELISA embodiment suitable for detecting the presence of soluble synuclein the primary (capture) antibody and secondary (detection) antibody may be antibodies recognising different epitopes within the synuclein. Alternatively if an aggregated form of synuclein is to be detected a single antibody recognising an epitope present only once within the synuclein may be used as both the capture and detection antibodies. For detecting the presence of phosphorylated forms of soluble synuclein, the capture antibody may be an antibody reactive to synuclein and the detection antibody antibody may be one recognising phosphorylated amino acids. It will be appreciated that the specificities of the capture and detection antibodies may be reversed whilst maintaining the effectiveness of the assay. For detecting the presence of nitrated forms of soluble synuclein, the capture antibody may be an antibody reactive to synuclein and the detection antibody may be an antibody recognising nitrated amino acids. It will be appreciated that the specificities of the capture and detection antibodies may be reversed whilst maintaining the effectiveness of the

assay.

The presence of glycosylated species of synuclein may be investigated by the use of appropriate deglycosylating enzymes or by chemical deglycosylation methods. For example the relative weights of bands produced by SDS PAGE of samples may be compared with the weights of bands produced by SDS PAGE of samples of the same material that have been incubated with sialidase and endo-O-glycosidase. A shift in molecular weight of the band will indicate the presence of a glycosylated form. It is known that human brain contains a 22kDa O-linked glycosylated isoform of  $\alpha$ -synuclein ( $\alpha$ Sp22) identified by Shimura et al. (10).

The identity of substances detected by synuclein assays may further be investigated by tandem mass spectroscopy of protein eluted from, for example, gels or blots, or alternatively by analysis of N-terminal amino acid sequence data.

The invention will be further described by way of example only with reference to the following non-limiting examples, protocols and Figures 1 to 4 of the accompanying drawings which show the results of Examples 1 and 2.

#### **EXAMPLE 1**

Detection of  $\alpha$ -,  $\beta$ -, and  $\gamma$ -synuclein proteins in human plasma and CSF by immunoprecipitation, gel electrophoresis and western blotting

#### a) Dynabeads:

Magnetic polystyrene beads coated with recombinant protein A (Dynal Biotech) were derivatized with the capture antibody, according to the manufacturer's instructions. The antibody used for capturing the synucleins from plasma or CSF was usually  $\alpha/\beta/\gamma$ —synuclein (FL-140) from Santa Cruz Biotechnology, but other antibodies to  $\alpha$ -,  $\beta$ -, or  $\gamma$ -synuclein can be used for the same purpose. If the beads were to be used several times, then the capture antibodies were covalently crosslinked to the dynabeads according to the instructions of the maufacturer. Before use, the beads were extensively washed with 0.1 M phosphate buffer (pH 8.1) in 1.5ml plastic tubes, with the beads being collected onto the wall of the tubes following each wash by placing the tubes in a Dynal Magnetic Partial Concentrator (Dynal MPC).

#### b) Immunoprecipition:

The CSF or plasma sample, containing  $\alpha$ -,  $\beta$ -, and  $\gamma$ -synuclein proteins (1ml), was added directly to the antibody-coated beads and agitated overnight at 4°C. After extensive washing with 0.1 M phosphate buffer (pH 8.1) the immunoprecipited material was eluted from the beads by boiling them in 4X NUPAGE LDS polyacrylamide gel electrophoresis sample buffer (Invitrogen).

#### c) Gel Electrophoresis:

The elutate from the beads was fractionated by electrophoresis on neutral pH SDS-NUPAGE 4-12% Bis-Tris acrylamide gels (from Invitrogen). Protein markers of known molecular weights were used to calibrate the gels.

#### d) Western Blotting:

After running the gels, the separated proteins were transferred onto nitrocellulose membranes using the Invitrogen Xcell II Blot Module (at 200V, 125mA, for 1 hr).

After transfer, the membrane was washed extensively with PBS/Tween 20 (PBST), then blocked with blocking buffer (PBS containing 5% dried milk powder) for 1hr at room temperature. Various different antibodies were used to detect the  $\alpha$ -,  $\beta$ -, and  $\gamma$ -synuclein proteins, or their modified forms (e.g. nitrated or phosphorylated forms), on the blots. Examples of suitable antibodies include  $\alpha$ - synuclein (C-20),  $\beta$ -synuclein (C-20) and  $\gamma$ -synuclein (C-20),  $\alpha$ -,  $\beta$ - and  $\gamma$ -synuclein (FL-140), all from Santa Cruz Biotechnology, or antibodies to nitrotyrosine or phosphoserine (Sigma). The membrane was incubated with primary antibody overnight at 4°C, then washed extensively with PBS/Tween 20, prior to incubation with a secondary horseradish peroxidase-conjugated antibody (1hr at room temperature) directed at the immunoglobulin species of the primary antibody. The membrane was washed extensively with PBST and peroxidase activity was detected by enhanced chemoluminescence (ECL).

#### e) Results:

Figure 1 illustrates the results of Western blotting analysis of a human plasma sample in which preconcentration has been performed using an antibody reactive to  $\alpha$ -synuclein (FL140) and detection performed with the same antibody. Lane 1 contains recombinant  $\alpha$ -synuclein protein, and lane 2 contains human plasma.

Figure 2 illustrates the results of Western blotting analysis of a human plasma sample in which preconcentration has been performed using an antibody reactive to  $\alpha$ -synuclein (FL140) and detection performed with the same antibody. Lane 1 contains recombinant  $\alpha$ -synuclein protein, and lane 2 contains human plasma.

Figure 2 illustrates the results of Western blotting analysis of a human plasma sample in which preconcentration has been performed using an antibody reactive to  $\beta$ -synuclein (C20) and detection performed with the same antibody. Lane 1 contains recombinant  $\alpha$ -synuclein protein, lane 2 contains recombinant  $\beta$ -synuclein protein, lane 3 contains recombinant  $\gamma$ -synuclein protein and lane 4 contains human plasma.

Figure 3 illustrates the results of Western blotting analysis of a human plasma sample in which preconcentration has been performed using an antibody reactive to  $\beta$ -synuclein (C20) and detection performed with an antibody to  $\gamma$ -synuclein (C20). Lane 1 contains human plasma, lane 2 contains recombinant  $\gamma$ -synuclein protein, lane 3 contains recombinant  $\beta$ -synuclein protein and lane 4 contains recombinant  $\alpha$ -synuclein protein.

#### **EXAMPLE 2**

#### Detection of α-synuclein in plasma from patients with synucleinopathies.

The ability to detect synucleins in plasma, including plasma of human patients suffering from synucleinopathies, was demonstrated in the following experiments, the results of which are illustrated in Figure 4 (Panels A to E).

Plasma from patients suffering from synucleinopathies (Parkinson's disease and dementia with Lewy bodies) and from age-matched control patients was incubated with magnetic beads cross-linked to antibodies reactive to  $\alpha$ -synuclein (listed below) according to the method described in Example 1, in order to achieve a preconcentration step.

The resultant immunoprecipitates were fractionated by SDS-PAGE, and western blotting performed (according to the methods described above), using the antibodies set out below. The detergent SDS breaks down any aggregates of synuclein that may be present in samples investigated in this manner, and so the results described below do not provide information as to the presence, or otherwise, of aggregated synuclein in the samples tested, but rather serve to illustrate the ability of the methods described to identify synuclein present in non-cerebral body fluid samples.

The gels from which the Western blots were taken comprised at least one lane containing  $\alpha$ -synuclein positive control material, chosen from exogenous recombinant human  $\alpha$ -synuclein and/or normal human brain lysates (since  $\alpha$ -synuclein is found at high levels in brain tissue).

In the cases of Examples 2.1 and 2.2 the gels additionally comprised lanes containing exogenous recombinant human  $\beta$ - and  $\gamma$ -synuclein. The lack of labelling of protein from these lanes illustrates that the antibodies used for Western blotting are able to specifically bind  $\alpha$ -synuclein as opposed to other synuclein isoforms.

# 2.1 Immunoprecipitation with antibody FL-140; Western blotting with antibody LB509.

Immunoprecipitation was carried out using primary antibody FL-140. Western blotting was performed using antibody LB509. The results are shown in the photograph of the Western blot membrane in Figure 4A, for which:

Lane 1: 6ng recombinant human  $\beta$ -synuclein.

Lane 2: 6ng recombinant human  $\gamma$ -synuclein.

Lane 3: 6ng recombinant human α-synuclein.

Lane 4: 3µg normal human brain lysates.

Lanes 5, 6, 13: Plasma from patients with Parkinson's disease.

Lanes 7, 8: Plasma from patients with DLB.

Lanes 9-12, 14: Plasma from age-matched control patients.

Lanes 13 and 14 were probed with LB509 that had been pre-adsorbed with recombinant human  $\alpha$ -synuclein (1 $\mu$ g  $\alpha$ -synuclein/ml antibody). The lack of binding seen in these two lanes illustrates the specificity for  $\alpha$ -synuclein of the LB509 antibody.

The results illustrate the ability of the assay to detect endogenous synuclein in plasma samples from both patients with synucleinopathies and control patients, and also in positive controls (exogenous  $\alpha$ -synuclein and brain lysates).

# 2.2 Immunoprecipitation with antibody FL-140; Western blotting with antibody 211.

Example 2.1 was repeated, save that immunoprecipitation was carried out using primary antibody FL-140 and Western blotting was performed using antibody 211. The results are shown in Figure 2B

Lanes 13 and 14 were probed with antibody 211 that had been pre-adsorbed with recombinant human  $\alpha$ -synuclein (1 $\mu$ g  $\alpha$ -synuclein/ml antibody). The lack of binding seen in these two lanes illustrates the specificity for  $\alpha$ -synuclein of the 211 antibody.

The results illustrate the ability of the assay to detect endogenous synuclein in control and synucleinopathy patient plasma samples, as well as in positive controls.

# 2.3 Immunoprecipitation with antibody FL-140; Western blotting with antibody N-19.

Immunoprecipitation was carried out using primary antibody FL-140. Western blotting was performed using antibody N-19. The results are shown in Figure 4C, and the samples investigated were as set out below:

Lanes 1, 2, 7: Plasma from patients with Parkinson's disease.

Lane 3, 4, 8, 9: Plasma from age-matched control patients.

Lane 5: 3µg normal human brain lysates.

Lanes 6, 10: 6ng recombinant human  $\alpha$ -synuclein.

Lanes 7 to 10 were probed with antibody N-19 that had been pre-adsorbed with recombinant human  $\alpha$ -synuclein (1µg  $\alpha$ -synuclein/ml antibody). The lack of binding seen in these two lanes illustrates the specificity for  $\alpha$ -synuclein of the N-19 antibody.

The results illustrate the ability of the assay to detect endogenous synuclein in plasma samples and also in positive controls.

# 2.4 Immunoprecipitation with antibody 211; Western blotting with antibody FL-140.

Immunoprecipitation was carried out using primary antibody FL-140. Western blotting was performed using antibody 211. The results are shown in Figure 4D, and the samples investigated were as set out below:

Lanes 1, 5, 6: Plasma from patients with Parkinson's disease.

Lanes 2, 3, 7, 8: Plasma from age-matched control patients.

Lanse 4, 9: 6ng recombinant human  $\alpha$ -synuclein.

Lane 10: 3µg normal human brain lysates.

Lanes 1 to 4 were probed with antibody FL-140 that had been pre-adsorbed with recombinant human  $\alpha$ -synuclein (1 $\mu$ g  $\alpha$ -synuclein/ml antibody). The lack of binding seen in these two lanes illustrates the specificity for  $\alpha$ -synuclein of the FL-140 antibody.

The results illustrate the ability of the assay to detect endogenous synuclein in patient plasma samples, and also to detect synuclein in positive controls.

## 2.5 Immunoprecipitation with antibody 211; Western blotting with antibody N-19.

Immunoprecipitation was carried out using primary antibody 211, and Western blotting performed using antibody N-19. The results are shown in Figure 4E, and the samples investigated were as set out below:

Lanes 1, 10: 6ng recombinant human  $\alpha$ -synuclein.

Lane 2: 3µg normal human brain lysates.

Lanes 3, 4, 7: Plasma from patients with Parkinson's disease.

Lanes 5, 6, 8, 9: Plasma from age-matched control patients.

Lanes 7 to 10 were probed with antibody N-19 that had been pre-adsorbed with recombinant human  $\alpha$ -synuclein (1µg  $\alpha$ -synuclein/ml antibody). The lack of binding seen in these two lanes illustrates the specificity for  $\alpha$ -synuclein of the N-19 antibody.

The results illustrate the ability of the assay to detect endogenous synuclein in patient plasma samples, and also to detect synuclein in positive controls.

#### EXAMPLE 3.

Measuring soluble α-Synuclein protein in human plasma by ELISA

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2 μm filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### **B. METHOD**

- 1. Coat plate (Nunc, maxisorp) with 100 μl/well of the α-synuclein (C-20) antibody affinity-purified goat polyclonal antibody raised against the C-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No SC-7011) 1:1000 (2 μg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200  $\mu$ l /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.

6. Wash the plate 4 times with PBST. Dilute the biotinylated N-19 antibody affinity-purified goat polyclonal antibody raised against the N-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No sc-7012) at a dilution 1:1000 (0.2 μg/ml) in blocking buffer and add 100μl/well. Incubate for 2 hrs at 37°C.

- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl/well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### C. RESULTS

Using the above procedure, human plasma, collected from healthy individuals not suffering from a synucleinopathy, was found to contain  $\alpha$ -synuclein at a concentration greater than  $1\mu M$ .

#### Example 4

Measurement and comparison of amount of aggregated synuclein in plasma of Parkinson's disease patients and control patients.

Plasma samples from n=34 patients with clinically diagnosed Parkinson's disease and n=27 age-matched control patients were analysed by ELISA performed as described below in Protocol 2 for measuring multimeric (aggregated) α-synuclein. The ELISA protocol selected is a sandwich ELISA, and is specific for aggregated (oligomerised) forms of synuclein.

An increase in absorbance at 405nm is indicative of increased presence of aggregated synuclein in the sample tested. Absorbance was measured in optical density units (OD).

Plasma samples from the clinically diagnosed Parkinson's disease patients had mean absorbance of 1.7 OD +/- standard deviation (SD) of 0.7057. In contrast the plasma samples from age-matched control patients had mean absorbance of 0.236 OD +/- SD of 0.396. These values are strikingly different, with a much higher mean value in the group of patients suffering from the synucleinopathy Parkinson's disease.

The difference in absorbance, and hence levels of aggregated synuclein, between groups was shown to be significant on statistical analysis.

A Fisher's exact probability test, conducted with an absorbance value of 0.5 OD assigned to represent a "high" level of oligomerised synuclein, gave a highly significant difference between the values obtained for the Parkinson's disease and control groups (P = 0.002). Selection of a cut-off point of 0.25 OD absorbance for Fisher's exact probability test produced an even more significant difference (P = 0.001). Thus, absorbance values above either of these two selected cut-off points are highly indicative of the presence of Parkinson's disease.

#### **PROTOCOLS**

#### Protocol 1 for Measuring soluble α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### B. METHOD

- Coat plate (Nunc, maxisorp) with 100 µl/well of the N-19 antibody affinity-purified goat polyclonal antibody raised against the N-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No sc-7012) at a dilution 1:1000 (0.2 µg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200  $\mu$ l /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.

6. Wash the plate 4 times with PBST. Dilute the biotinylated α-synuclein (C-20) antibody affinity-purified goat polyclonal antibody raised against the C-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No SC-7011) 1:1000 (2 μg/ml) in blocking buffer and add 100μl /well. Incubate for 2 hrs at 37°C.

- 7. Wash 4 times with PBST.
- Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 2 for Measuring soluble α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### B. METHOD

1. Coat plate (Nunc, maxisorp) with 100 μl/well of the FL-140 antibody affinity-purified rabbit polyclonal antibody raised against a recombinant full-length human α-synuclein protein (Santa Cruz Biotechnology, Inc. Cat. No SC-10717) at a

- dilution 1:1000 (0.2 μg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween-20 (0.05%) (PBST).
- 3. Block the plate by using 200 μl /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.
- 6. Wash the plate 4 times with PBST. Dilute the biotinylated α-synuclein (C-20) antibody affinity-purified goat polyclonal antibody raised against the C-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No SC-7011) 1:1000 (2 μg/ml) or the biotinylated N-19 antibody affinity-purified goat polyclonal antibody raised against the N-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No SC-7012) at a dilution 1:1000 (0.2 μg/ml) in blocking buffer and add 100μl/well. Incubate for 2 hrs at 37°C.
- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 1 for Measuring soluble Nitrated-α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### B. METHOD

- Coat plate (Nunc, maxisorp) with 100 µl/well of the N-19 antibody affinity-purified goat polyclonal antibody raised against the N-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No sc-7012) at a dilution 1:1000 (0.2 µg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200 μl /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100 μl/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.
- 6. Wash the plate 4 times with PBST. Dilute the biotinylated Nitrotyrosin antibody (polyclonal or monoclonal IgG antibody which recognises nitrotyrosin) 1:200 for monoclonal or 1-1000 for polyclonal antibody in blocking buffer and add 100μl /well. Incubate for 2 hrs at 37°C.
- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 2 for Measuring soluble Nitrated-α-Synuclein protein

#### **B.** REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### **B. METHOD**

- 1. Coat plate (Nunc, maxisorp) with 100 μl/well of the FL-140 antibody affinity-purified rabbit polyclonal antibody raised against a recombinant full-length human α-synuclein protein (Santa Cruz Biotechnology, Inc. Cat. No SC-10717) at a dilution 1:1000 (0.2 μg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200  $\mu$ l /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100 μl/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.

6. Wash the plate 4 times with PBST. Dilute the biotinylated Nitrotyrosine antibody (polyclonal or monoclonal IgG antibody which recognises nitrated Tyrosine 1:200 for monoclonal or 1-1000 for polyclonal antibody in blocking buffer and add 100μl/well. Incubate for 2 hrs at 37°C.

- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 1 for Measuring soluble Phosphorylated-α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### **B. METHOD**

1. Coat plate (Nunc, maxisorp) with 100  $\mu$ l/well of the N-19 antibody affinity-purified goat polyclonal antibody raised against the N-terminus of  $\alpha$ -synuclein

(Santa Cruz Biotechnology, Inc. Cat. No sc-7012) at a dilution 1:1000 (0.2 μg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.

- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200  $\mu$ l /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.
- 6. Wash the plate 4 times with PBST. Dilute the biotinylated Phosphoserine antibody (polyclonal or monoclonal IgG antibody which recognises phosphoserine) 1:200 for monoclonal or 1-1000 for polyclonal antibody in blocking buffer and add 100μl /well. Incubate for 2 hrs at 37°C.
- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 2 for Measuring soluble Nitrated-α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### **B. METHOD**

- 1. Coat plate (Nunc, maxisorp) with 100 µl/well of the FL-140 antibody affinity-purified rabbit polyclonal antibody raised against a recombinant full-length human α-synuclein protein (Santa Cruz Biotechnology, Inc. Cat. No SC-10717) at a dilution 1:1000 (0.2 µg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200 μl /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST (PBS buffer containing 0.05% Tween-20).
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.
- 6. Wash the plate 4 times with PBST. Dilute the biotinylated Phosphoserine antibody (polyclonal or monoclonal IgG antibody which recognises phosphoserine) 1:200 for monoclonal or 1-1000 for polyclonal antibody in blocking buffer and add 100μl /well. Incubate for 2 hrs at 37°C.
- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 1 for Measuring multimeric (aggregated) α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu m$  filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### **B. METHOD**

- 1. Coat plate (Nunc, maxisorp) with 100 μl/well of the N-19 antibody affinity-purified goat polyclonal antibody raised against the N-terminus of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No sc-7012) at a dilution 1:1000 (0.2 μg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.
- 2. Aspirate N-19 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).
- 3. Block the plate by using 200  $\mu$ l /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST.
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.

Wash the plate 4 times with PBST. Dilute the biotinylated N-19 antibody 1:2000 (1 μg/ml) in blocking buffer and add 100μl /well. Incubate for 2 hrs at 37°C.

- 7. Wash 4 times with PBST.
- 8. Add 100 μl/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

#### Protocol 2 for Measuring multimeric (aggregated) α-Synuclein protein

#### A. REAGENTS

#### 1. Coating buffer

200 mM NaHCO3 (Sigma) pH 9.6. The solution is then filtered through a 0.2  $\mu$ m filter (Aldrich).

#### 2. Blocking solution

The blocking solution consists of 100 ml of PBS buffer (pH 7.4) containing 2.5% gelatin (Sigma) and 0.05% Tween 20 (Sigma). This solution should be made fresh and used in the same day and does not require filtering.

#### 3. Biotinylation of antibodies

Antibodies were biotinylated as recommended by the biotin manufacturer "PIERCE".

#### B. METHOD

Coat plate (Nunc, maxisorp) with 100 μl/well of the α-synuclein (211) (mouse monoclonal IgG antibody which recognises amino acid 121-125 of α-synuclein (Santa Cruz Biotechnology, Inc. Cat. No sc-12767) 1:100 (2 μg/ml) in 200 mM NaHCO3 (pH 9.6). The plate is then covered with a plate sealer (Sigma) and cling-film and stored overnight at 4°C.

2. Aspirate 211 antibody from the plate by inverting over the sink. Wash 4 times with PBS-Tween 20 (0.05%) (PBST).

- 3. Block the plate by using 200  $\mu$ l /well blocking buffer. Incubate the plate at 37°C for 1 hr.
- 4. Wash the plates 4 times with PBST.
- 5. Add 100  $\mu$ l/well of plasma or serum. Cover the plate and incubate for 2 hrs at 37°C.
- 6. Wash the plate 4 times with PBST. Dilute the biotinylated  $\alpha$ -synuclein (211) 1:200 (1  $\mu$ g/ml) in blocking buffer and add 100 $\mu$ l /well. Incubate for 2 hrs at 37°C.
- 7. Wash 4 times with PBST.
- 8. Add 100  $\mu$ l/well of ExtrAvidin-Alkaline phosphatase (Sigma) diluted 3:5000 in blocking buffer and incubate for 1 hr at 37°C.
- 9. Wash the plate 4 times in PBST. Add 100 μl /well of Alkaline phosphatase Yellow "pNPP" and incubate for 30 min at RT. Read absorbance values at 405 nm.

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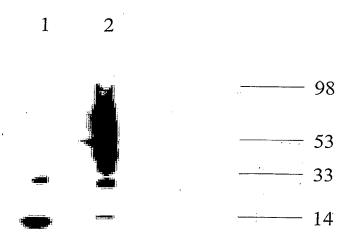
#### CLAIMS.

1. A method of diagnosing a synucleinopathy in a patient comprising analysing a non-cerebral body fluid sample from the patient for the presence and/or amount in said sample of a synuclein.

- 2. A method of monitoring the effectiveness of a therapeutic agent that has been administered for the purpose of treating a synucleinopathy, the method comprising analysing a non-cerebral body fluid sample taken from an animal for the presence and/or amount of synuclein.
- 3. A method according to claim 1 or claim 2, wherein the non-cerebral sample is a non-cerebral body fluid selected from the group comprising whole blood, serum, plasma, urine, lymph or sputum.
- 4. A method according to any preceding claim wherein the synuclein to be analysed for is selected from the group comprising soluble (native) or aggregated forms of synuclein, mutated, nitrated, phosphorylated or glycosylated forms of synuclein, synuclein fragments, other modified derivatives, or synuclein found as part of a complex with other molecules.
- 5. A method according to any preceding claim, wherein the synuceinopathy is selected from the group comprising Parkinson's disease, dementia with Lewy bodies, Alzheimer's disease, multiple system atrophy and cancer..
- 6. A method according to any preceding claim, wherein the analysis for synuclein is analysis for  $\alpha$ -synuclein,  $\beta$ -synuclein or  $\gamma$ -synuclein.
- 7. A method according to any preceding claim, wherein the analysis for synuclein is analysis for  $\alpha$ -synuclein.
- 8. A method according to any preceding claim, wherein the analysis for the

presence of synuclein is conducted by a method selected from the group comprising a radioimmunoassay, an enzyme-linked immunosorbant assay (ELISA), a sandwich immunoassay, a fluorescent immunoassay, a precipitin reaction, a gel immunodiffusion assay, an agglutination assay, a protein A immunoassay, an immunoelectrophoresis assay, an electrophoresis and Western blotting assay, or any other technique able to measure the amount of synuclein proteins and/or their related derivatives in the sample to be tested.

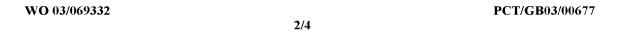
- 9. A method according to any preceding claim, further comprising:
- i) treatment of the sample with a synuclein-binding species capable of binding synuclein, or capable of binding any molecule which is part of a complex with synuclein, said species being bound to a solid phase, to perform a pre-concentration step;
- ii) removal of the solid phase from the sample; and optionally
- iii) treatment of the solid phase to release the synuclein into a relatively smaller volume of liquid for analysis.
- 10. A method according to claim 9, wherein the solid phase to which the species is bound is a magnetic bead or other suitable matrix.

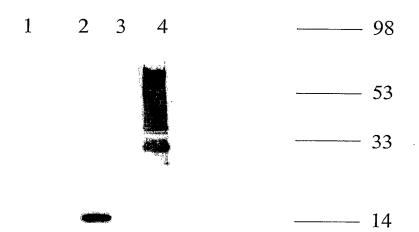


# Human plasma captured with $\alpha$ -synuclein (FL140) and detected with the same antibody

Lane 1, recombinant α-synuclein protein Lane 2, human plasma

Figure 1.

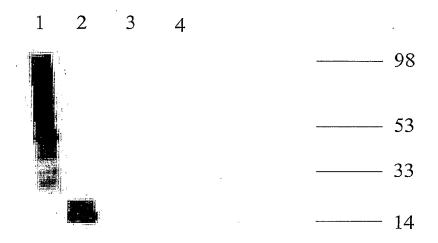




## Human plasma captured with $\beta\mbox{-synuclein}$ (C-20) and detected with the same antibody

Lane 1, recombinant α-synuclein protein
Lane 2, recombinant β-synuclein protein
Lane 3, recombinant γ- synuclein protein
Lane 4, human plasma

Figure 2.



## Human plasma captured with $\beta$ -synuclein(C-20) antibody and detected with $\gamma$ -synuclein(C-20) antibody

Lane 1, human plasma

Lane 2, recombinant γ-synuclein protein

Lane 3, recombinant  $\beta$ -synuclein protein

Lane 4, recombinant α-synuclein protein

Figure 3.

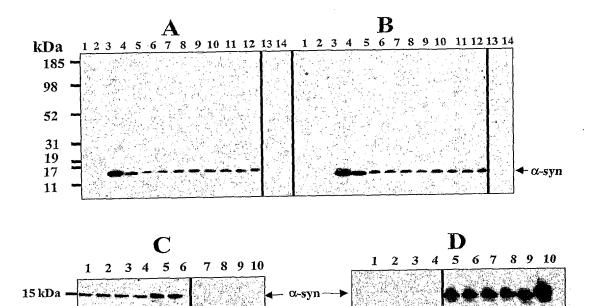


Figure 4.